

Type: Essay

Subject: Advanced Patient Care

Subject area: Nursing

Education Level: Undergraduate

Length: 2 pages

Referencing style: APA

Preferred English: US English

Spacing Option: Double

Title: Homework topic 2

Instructions: assessment description write a short (50-100-word) paragraph response for each question. this assignment is to be submitted as a microsoft word document. give examples of psychosocial factors that affect the health care professional and the effect those factors could have on patient education. give examples of psychosocial factors that affect the patient and the effect those factors could have on patient education. explain what is meant by personality styles and give examples of approaches that could be used to help the patient. include self-perception as a factor. list the steps in adjustment to illness and how the patient copes with each step. explain the health professional's role in teaching the patient at different life stages. define the role of the family in patient education. how might the family influence the compliance of the patient and what measures can the health care professional use in communication with the family?

Advanced Patient Care; Homework Topic two

Name

Institutional Affiliation

Course Title

Due Date

Give examples of psychosocial factors that affect the health care professional and the effect those factors could have on patient education.

Every person is different in a lot of ways. Every person encounters different thoughts, life experiences which impact their decision making critically. Health care professionals are impacted on a daily basis the psychosocial factors. Patients depend fully for care from healthcare professionals, therefore, when these healthcare professionals have been affected by psychosocial factors, patients' quality of care reduces as a result.

Some of the psychosocial factors that affect health care professionals include lack of social integration and emotional support which may be caused by; depression, dysthymia, PTSD, anxiety, panic, obsessive compulsive among other mental disorders. Lack of these important attributes in one affect their self-esteem, the sense of coherence and may also bring about trust issues. Additionally, lack of these may bring about hopelessness and depressiveness and exhaustion which may affect patient negatively. Patient education is largely categorised under patients care, however when health professionals have been affected by psychosocial factors, their emotions become unstable hence, they may not offer extensive patient education as it should because while in an unstable emotional state, they may exhibit total disregard on patients' education and generally patients care.

Give examples of psychosocial factors that affect the patient and the effect those factors could have on patient education.

Patients go through a lot of challenges when in health facilities. Some of the psychosocial factors include, exhaustion, depression, hopelessness and hostility. All these are caused by the implications associated with health progress. When a patient has exhibited these psychosocial symptoms, it becomes very difficult to even follow-on specific drug dosages because they feel hopelessness. Additionally, patient education will be negatively impacted by the already established hostility by the patient, depressiveness, hopelessness and exhaustion.

Explain what is meant by personality styles and give examples of approaches that could be used to help the patient.

A personality style is a combination of cognitive, behavioural, attributes and perceptual characteristics that define an individual. Within health care setting personality can be defined through the constructed professional relationships between patients and healthcare

workers. Personality styles or approaches are important because they can determine the approach to the treatment that a health professional may decide to use. These specific approaches include; self-perception, openness, conscientiousness, extraversion, agreeableness and neuroticism. All these when integrated with other therapies can improve the quality of patients' health care.

List the steps in adjustment to illness and how the patient copes with each step.

Normally, patients must go through an adjustment phase which comprise of five major factors. They include;

1. Denial
2. Anger
3. Bargaining
4. Depression
5. Acceptance

When a patient has contracted an illness, the patient first denies the condition existence at the very first stages. After the symptoms become more vivid, the patient will show signs of anger. The third stage is the bargaining stage which may make the patient to ask for help followed by depression and later on acceptance which often gives way to managing the condition.

Explain the health professional's role in teaching the patient at different life stages.

One of the core functions of healthcare professionals to teach their patients about their conditions. All patients regardless of their ages needs to be taught about their condition, how to prevent them and how to manage them. if the patient is a child, health professional should provide detailed information to the guardian or parent of the infant. However, for adolescent patients, informed consent must be obtained from the parent to tell the patient about their

condition. When educating young and middle adults, the health practitioner should explore emotional, physical and financial support systems and fully identify all health challenges and stressors that affect the patient. Within older adulthood stage, health practitioner should give detailed information to the principal caregiver on how to cope with the condition and provide anticipatory problem-solving mechanisms.

Define the role of the family in patient education.

Family members are important within patient care because they contribute to decision making, assisting health care team and further improve patient safety and the quality of care, and critical help with palliative home care. within patient education, the family is responsible for receiving required medical instruction which may be important when conducting palliative home care.

How might the family influence the compliance of the patient and what measures can the health care professional use in communication with the family?

Healthcare professionals have a responsibility to provide accurate information to patient's family and the patient. This information describes the potential consequences if the patient does not comply with the medical requirements. This may make the family to put pressure and the responsible fearing for the possible adverse outcomes which may occur if the patient will not follow laid down instructions.