

Type: Essay

Subject: Advanced Patient Care

Subject area: Nursing

Education Level: Undergraduate

Length: 2 pages

Referencing style: APA

Preferred English: US English

Spacing Option: Double

Title: Stages of Life Essay and Interview

Instructions: write a 500-750-word essay on the stages-of-life and the influence of age in health care from a patient's perspective. interview a friend or family member about that person's experiences with the health care system. you may develop your own list of questions. suggested questions: do you feel that your stage-of-life had any effect on your interaction with health care professionals? which areas of the hospital or clinic were most concerned with your well-being and feelings? was your family with you during this hospital stay or outpatient visit? was your family included in your treatment, such as post-procedure instructions? you are required to submit this assignment to lopeswrite. a link to the lopeswrite technical support articles is located in class resources if you need assistance.

Advanced Patient Care

Name

Institutional Affiliation

Course Title

Due Date

Counselling for patients and their families have positive outcomes in the general health care upgrading the patients' wellbeing and even adaptation capabilities. Healthcare professionals must understand the patient age to fully understand the type and even the quantity of medication a patient might receive. Stages of life therefore is an important consideration in nursing practice. In this essay on stages of life and the influence of age in health care from a patient's perspective, I will interview Maryann Potter, a sister to my grandmother who is currently celebrating his 86th birthday. This interview will identify pursue to understand the different life stages. She is currently diabetic.

Interview Questions.

Do you feel that your stage-of-life had any effect on your interaction with health care professionals?

Every stage as labelled by Erickson has its attributes to development, as such in health care, every stage has its attraction such that, in old age, older adults spend most of their time

in hospital because of the many comorbidities associated with them. Yes, I have witnessed that as I get older, the more I visit health care facilities because of many chronic diseases associated with old age. Because of this, I have changed my lifestyle to sooth the many demands from health care professionals. Therefore, my stage of life has an effect on my interaction with health care professionals.

Which areas of the hospital or clinic were most concerned with your well-being and feelings?

I am normally referred to patient-centred medical homes which emphasize on improving my health through following laid down instruction including therapeutic. Within these institution, social workers educate and help is cope with the various medical complications.

Was your family with you during this hospital stay or outpatient visit?

Yes, my family normally accompanies me to hospital and during my stay in the patient-centred medical homes. Because of my age, they inquire about the dosage and even help me follow prescription instructions as required by the medical practitioners.

was your family included in your treatment, such as post-procedure instructions?

During my last hospital experience, I was unconscious and all my children visited often. My family was included in my treatment schedule such that they make sure I have taken required drugs at the required time. They were also given the discharge instruction and ensured that the instruction is followed maximumly. Later, one of sons had a meeting with my personal doctor and had a discussion about my condition. He was also given other instructions and drugs after he explained my recovery levels. My family has always been included in all my treatments.

**Did a health care professional, pharmacist, nurse, doctor, or elder counselor advise you
on your medication, diet, or exercise?**

My diet is monitored because I am diabetic. My doctor always tells me, 'I am what I eat,' which motivates me on what to take. During my younger age, I did not understand that I am what I eat, but with doctor's advice, I have fully reconciled with the fact that eating diet and exercising is very important to our bodies.